



## *Re-building lives affected by terminal illness, bereavement, other diagnoses and loss.*

Our Drop-In offers a space to listen & talk to others, encouragement and support in breaking difficult news and much more specialised material specific to bereavement that is available to all eg:

- ★ books for adults, children and young people
- ★ the opportunity to write and publish a diary style book
- ★ memory craft packs
- ★ Cruse trained volunteers, counsellors and more...

We next meet on Wednesday  
23rd June, 28th July, 25th August  
and 22nd September 2010  
from 7.00 pm to 8.45 pm  
In the old Larkspur building  
Lark Rise  
Langley Green  
Crawley  
RH11 7QG



For more information please contact 07832 245014  
or email [admin@understandingdifferences.org.uk](mailto:admin@understandingdifferences.org.uk)



*"We believe that Raising Awareness and Offering Information about Any Diagnosis, Loss or Bereavement under 'one umbrella' that is accessible to all, will create support for affected families"*

We offer a variety of resources for children and young people about diagnosis, loss and bereavement from our Drop-In. However...

The Young Explorers Club is intended to offer children and young people the opportunity

- to meet others who may have been through similar experiences
- to reduce their feelings of isolation and
- increase their ability to reach their full potential in every day life.

We currently seek volunteers with a creative flair to help us make this happen for local children, young people and their carers.

All materials are provided and all we ask of you is approx. 4 days per year.

Our team already consists of 3 professionals and a peer supporter so relevant training is offered and support is in place.

Our next training workshop; *'Working with Bereaved Children'* is scheduled for October 2010. We seek anyone keen to become a UD volunteer and aid us in supporting bereaved children however, our workshop is also open to parents, teachers and others to encourage proactive support for families.

For more information please contact [admin@understandingdifferences.org.uk](mailto:admin@understandingdifferences.org.uk) or 07832 245014